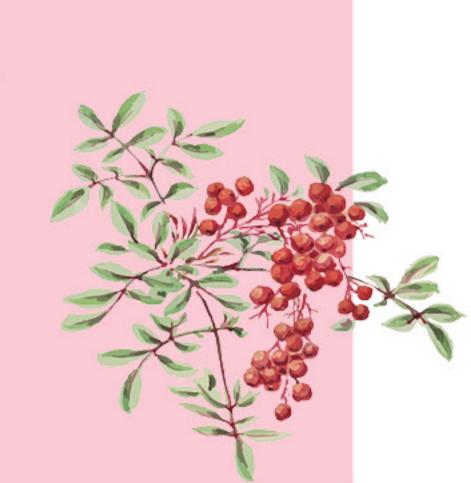


For someone who can stand but not walk



		Weekend routine
	Morning	 Stand to help at breakfast time Stand while listening to an audiobook or music or to watch TV for 30 minutes
	Afternoon	 Stand to watch or help do household chores (e.g., fold clean clothes, water plants, choose napkins for dining table) Stand to eat snacks Stand to watch TV
	Evening	O Stand to brush teeth